



Dharma Mittra Yoga
Om Namah Shivaya Om

Salutations to the Supreme Being who is the indweller of all hearts

Dearest Dharma Mittra Sadhakas:

It is with great joy that we send this note to you. Stay firm. Remember that all intellectual indulgences are deviations from the eternal truth. Keep concentrating on the only goal of life, as you have been initiated into the practices for God realization and therefore you are sure to succeed. The history of the Life of a Yogi teacher training is rooted in the Holy teachings of our Beloved Guru, Sri Dharma Mittra. It has been many, many years since Sri Dharma met his own Divine Guru, Swami Kailashananda, and began to study the lineage that we would one day all become a part of. In the earliest days without any material world resources but a bounty of Divine support, Sri Dharma continued, as he taught at the ashram to disseminate the Holy teachings imparted to him by the Guru to all sincere seekers. In spite of hardship, and humble beginnings, a powerful Sangha began to flower and slowly an army of students and ardent devotees began to find their way to Sri Dharma and his teachings. They found much more than ever expected, and their lives of all were changed forever. His Holy temple for Yoga and its authentic and timeless teachings have become a center of spiritual power for hundreds of thousands of sincere seekers. Today we are all also Divinely blessed to be a part of this sublime spiritual mission. The Dharma Mittra Yoga classes conducted daily elevate and unite humanity.

We hope to continue to inspire the selfless spirit of the students, disciples, teachers and innumerable graduates of His Holiness Sri Dharma Mittra. The continual and entirely selfless service shows the Divine Will that human effort can serve to accomplish in the heart of one who is both sincere and involved in surrender of the ego and personal self. Our most heartfelt pranams to you for being the human hand for the Divine Will. You have cultivated deep concentration and selfless attitude which is highly commendable and will reap beneficial results for thousands of future sincere seekers in the teachings of Dharma Mittra. You have all joined together for the furthering of a glorious mission, with an Infinite power at the helm! Willing and joyous cooperation is necessary in spiritual undertakings, where wealth, power, name and fame are not the objectives.

Your life does not belong to you any longer—you are merely a Divine instrument. This is the fruit of many, many lives of Tapas that you have lived, to be here today with Sri Dharma and his disciples. Guard it diligently. The Lord is ever with you, surrounding and filling your being.

See God and God alone in all faces. Love all. Serve all.

Remember to live the life which is in conformity with the nature of Truth, free from the oppressions of hatred, lust, greed and falsehood in all their forms of manifestation. Reservoirs of compassion will flower from this, towards all beings. Watch out for the mind.....all wrong tendencies in your nature and behavior. Beware of distractions. Hold true to your own noble character. Be an embodiment of the Guru and an example for other young Yogis. May all who meet you find in you, a source of inspiration. Let your presence elevate all. You are the Lord's beloved child. Bear difficulties. May God and the Guru bestow on you spiritual strength and power to attain the goal of life—God realization. We are always here for you, and look forward to seeing you at the temple/center, at our our daily practices, Maha Sadhana intensives, Purification and Psychic Development sessions, and workshops worldwide.

Dharma Mittra helps us to quickly, easily and clearly see at first sight so we can know the truth that is "self-realization".

Love Chandra Om, Ismrittee Devi Om, Aundre C 11/30/07