

Dharma Yoga®

S r i D h a r m a M i t t r a

E s t a b l i s h e d 1 9 7 5

DHARMA YOGA LIFE OF A YOGI TEACHER TRAINING



"By keeping the ethical rules, gradually we will reach all beings everywhere. Then there will be divine love everywhere" DM

| Level | Dates | Location | Details |
|----------|----------------------------------|-----------------------------|------------------------|
| 200 Hour | June 15 - 24, 2012 | Dharma Yoga New York Center | 10 Day Immersion |
| 500 Hour | Sept 2 - 9 (I) Nov 4 - 11 (II) | Dharma Yoga New York Center | 2 Eight Day Immersions |
| 800 Hour | August 12 - 19, 2012 | Dharma Yoga New York Center | 8 Day Immersion |

Life of a Yogi Teacher Training Refresher Courses

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|-------------------|---------------------------|-----------------------------|
| May 18 - 20, 2012 | 500 Hour Refresher Course | Dharma Yoga New York Center |
| Oct 19 - 21, 2012 | 200 Hour Refresher Course | Dharma Yoga New York Center |

Dharma Yoga "Life of a Yogi" Programs are life-changing immersions for seasoned teachers, dedicated practitioners, and those just discovering Yoga. The goal of our programs is to disseminate knowledge from the lineage of living Yoga Master Sri Dharma Mittra, in order for the student to discover the essence of Classical Yoga by means of Divinely realized techniques. Once established in Yoga, peace pervades our life.

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